

*Clear ... Heal ...
Transform Your Mind & Your Life*

At INTEGRATIVE ACUPUNCTURE we believe in the Mind-Body Connection and encourage you to meet our
Clinical Hypnosis & NLP Practitioner
Elke Kappner

Saturday July 23rd at 2 pm

Did you know that your subconscious runs every bodily function? And, that it tries to communicate with you through sensation, pain and issues?

When you – often unconsciously - hold on to the past it may limit your current life experiences.

As a result you might suffer from:

- Anxiety
- Low Self-Esteem
- Fears/Phobias/Trauma
- Sleeping problems
- Addictive Behaviors
- Stress
- Chronic Pain
- Frozen Grief
- Guilt/Shame
- Depression



Elke Kappner, originally trained as a Physical Therapist in Germany discovered early on that healing had to happen on a deeper level – the Mind. She is now an international speaker, teacher and healer. Trained in Clinical Hypnotherapy & NeuroLinguistic Programming (NLP) she supports her clients in accessing resources that allow them to free themselves from negative thinking and forces. Happiness, wellbeing and empowerment are the results.

When you participate in our complimentary presentation in our office you may take advantage of receiving the 3-session special with Elke Kappner for \$320 (an \$80 savings). Elke also offers a 20-minute free consultation for all participants.

Please RSVP at the front desk or call 561-819-0530.

“I came to Elke to resolve my sugar cravings. Through her amazing skill and healing power, in a single session, I accomplished what I couldn’t get through years of therapy. I continue to use her visualizations for my meditation and for the first time after a long time, I feel peaceful”.

K. Stephan, Delray, Nov 2009

CLINICAL HYPNOSIS

It’s a gentle method of getting the subconscious mind to respond so that desired change is possible. During the process people describe feeling relaxed, peaceful, light, and clear.

With CLINICAL HYPNOSIS

unconscious conflicts that block desired change are brought to light and resolved. The mind is cleared, organized and optimized. Blocked energy is released. Healing takes place. Desired change is automatic and lasting.