

*I found Harmony and Kim at a Whole Foods lecture on Digestive Disorders. I had been diagnosed with Crohn's disease and IBS for 12 years. I've undergone surgery and been on many medications, such as Cimzia – (injections once per month), Purinethol (no effect), Pentasa (major headaches and nausea), and Immodium (average two to four doses per day), to try to relieve my symptoms. I was having very little to no relief with traditional medicine while experiencing adverse side effects. Even on medication, I continued to have up to ten bowel movements per day. In addition to Crohn's, I was also suffering with headaches, back pain, insomnia, and an arthritis diagnosis in my right knee for over 20 years. I knew there had to be another way to help with my conditions.*

*I was fortunate enough to begin treatment sessions with Kim and Harmony. I experienced dramatic improvements early on. My headaches were almost non-existent and, as a result, I was less irritable. It has been quite some time since I have ended up in bed for a few days due to a Crohn's attack and I no longer take monthly injections for the Crohn's. My bowel movements are averaging one to three times per day now as well. As for pain, the sharp shooting pains in my back and right knee pain are 98% gone. Overall, I feel better than I have in years and, I look forward to continued improvement.*

*Kim and Harmony are compassionate and caring individuals who have every patient's best interest at heart. My life has changed for the better and I am grateful to them for this. I really wanted to thank you guys more, but I had difficulties writing it in words how much I really appreciate the two of you. It goes beyond that of a therapeutic level. You guys are awesome, caring, compassionate, and funny.*

*Carol H., Boca Raton, FL*