

Dear Harmony,

I can't begin to tell you how hard it was for me to admit I was in so much pain and desperate for help when I first came to see you. Physically, I'd had recurring, throbbing sciatic pain in my lower back all the way down my right leg. And, mentally, I was confused, depressed, and without hope.

I'd been to several doctors before and found myself deflated by their lack of attention, rush to diagnose and pushing me out the door with prescriptions I didn't want to take. I'd also tried yoga, exercise, and massage, but couldn't get any lasting relief.

It was so different when I came to your office. I was really impressed with how thorough the consultation was and I felt like crying in relief when you looked me in the eye and told me that I didn't have to live with pain. I'm constantly amazed by how much time and energy you and Kim spend with me and I'm sure you do it with all of your patients!

In just a few short months, all my emotional issues were resolved and I felt like a normal human being again. And, my sciatic pain was under control to the point of being a minor annoyance from time to time. Thank you so much for all your help!

I have issues that come up on occasion from doing yard work and exercising and I need the relaxation time so I continue to get treatments on a regular basis. I'm so glad I discovered Harmony, Kim and acupuncture. It's made such a positive difference in my life!

Best Wishes,

Tammy L.
Boca Raton, Florida